

West Districts Cross Country Championships Irvine
Saturday 5th December 2009 Irvine

Pos	No	Name	Cat	Club	Time
1	171	Gwen Gillham	U-13	Kilbarchan AAC	12:57
2	122	Kirstin Oakley	U-13	Ayr Seaforth AAC	12:57
3	141	Catriona Graves	U-13	Garscube Harriers	13:03
4	144	Chloe Cowan	U-13	Giffnock North AAC	13:22
5	168	Katie Turnbull	U-13	Kilbarchan AAC	13:28
6	161	Emma Mitchell	U-13	Inverclyde AC	13:29
7	146	nikki hutcheson	U-13	Giffnock North AAC	13:32
8	209	Gillian Black	U-13	VP-Glasgow AC	13:38
9	203	Myrtle Breckenridge	U-13	Shettleston Harriers	13:39
10	189	Emma Canning	U-13	Kirkintilloch Olympians	13:51
11	167	Caitlin McStay	U-13	Kilbarchan AAC	13:52
12	134	Rosin McShea	U-13	Clydesdale Harriers	14:01
13	199	Eve MacKinnon	U-13	Ron Hill Cambuslang Harriers	14:06
14	211	Emma Ferrie	U-13	VP-Glasgow AC	14:07
15	152	Alexandra Pope	U-13	Giffnock North AAC	14:10
16	154	Amy Coyle	U-13	Glasgow School of Sport	14:14
17	191	Pamela McNicol	U-13	Law & District AAC	14:18
18	174	Kathryn Lee	U-13	Kilbarchan AAC	14:21
19	180	Harris Ritchie	U-13	Kilmarnock H&AC	14:23
20	140	Catriona Booth	U-13	Garscube Harriers	14:25
21	135	Megan Stewart	U-13	East Kilbride A.C.	14:35
22	218	Kirsty Viera	U-13	VP-Glasgow AC	14:35
23	183	Amy Hanvey	U-13	Kilmarnock H&AC	14:40
24	163	Chloe Simpson	U-13	Inverclyde AC	14:40
25	206	Jill Cherry	U-13	Shettleston Harriers	14:42
26	177	Emma McGarrity	U-13	Kilmarnock H&AC	14:43
27	198	Sophie Hayes	U-13	Ron Hill Cambuslang Harriers	14:44
28	145	Helena Davidson	U-13	Giffnock North AAC	14:48
29	147	Eilidh Cook	U-13	Giffnock North AAC	14:50
30	160	Megan Robertson	U-13	Helensburgh AAC	14:55
31	132	Rachel Busby	U-13	Clydesdale Harriers	14:58
32	184	Amy Mole	U-13	Kilmarnock H&AC	15:00
33	200	Rachel Black	U-13	Ron Hill Cambuslang Harriers	15:01
34	179	Lorne Kerr	U-13	Kilmarnock H&AC	15:04
35	123	Lisa Rennie	U-13	Ayr Seaforth AAC	15:04
36	164	Evie Semple	U-13	Inverclyde AC	15:04
37	204	Claudia Eusebi	U-13	Shettleston Harriers	15:26
38	124	Laura Meader	U-13	Ayr Seaforth AAC	15:27
39	188	Victoria Robertson	U-13	Kirkintilloch Olympians	15:29
40	176	Hannah Bartl	U-13	Kilmarnock H&AC	15:31
41	196	Lisa Ross	U-13	Ron Hill Cambuslang Harriers	15:32
42	173	Catherine McLean	U-13	Kilbarchan AAC	15:33
43	150	Monica Lowrie	U-13	Giffnock North AAC	15:35
44	195	Kathryn Park	U-13	Nithsdale AC	15:43
45	148	Megan Adams	U-13	Giffnock North AAC	15:46
46	142	Iona Robertson	U-13	Garscube Harriers	15:49
47	137	Catherine Lambie	U-13	East Kilbride A.C.	15:56
48	166	Kelly Williams	U-13	Inverclyde AC	15:57
49	153	Gillian Manchip	U-13	Giffnock North AAC	16:00
50	201	Selina White	U-13	Ron Hill Cambuslang Harriers	16:00
51	151	Katie McCafferty	U-13	Giffnock North AAC	16:02
52	156	Jaye McRoberts	U-13	Glasgow School of Sport	16:04
53	205	Lisa Walker	U-13	Shettleston Harriers	16:11
54	130	Amy Mulholland	U-13	Calderglen Harriers	16:13
55	213	Iona Robinson	U-13	VP-Glasgow AC	16:15

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56	131	Kirsty Alexander	U-13	Clydesdale Harriers	16:16
57	149	Isabella Murray	U-13	Giffnock North AAC	16:31
58	136	Mhairi Boyle	U-13	East Kilbride A.C.	16:46
59	208	Megan Heuchan	U-13	Stewartry AC	16:46
60	157	Louisa Davis	U-13	Greenock Glenpark Harriers	17:19
61	158	Rebecca McDiarmid	U-13	Greenock Glenpark Harriers	17:28
62	178	Alanis Brydon	U-13	Kilmarnock H&AC	17:29
63	193	Kristen Cowe	U-13	Law & District AAC	17:52
64	138	Lucy Fairlie	U-13	East Kilbride A.C.	18:17
65	155	Morgan McKinnon	U-13	Glasgow School of Sport	19:07
66	194	Margaret Newell	U-13	Law & District AAC	19:08
67	169	Andrea Graham	U-13	Kilbarchan AAC	19:16

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Race 1 U13 Girls

Sum of Pos			
Club	Cat	Name	Total
Kilbarchan AAC	U-13	Gwen Gillham	1
		Katie Turnbull	5
		Caitlin McStay	11
Kilbarchan AAC Total			17
Giffnock North AAC	U-13	Chloe Cowan	4
		nikki hutcheson	7
		Alexandra Pope	15
Giffnock North AAC Total			26
VP-Glasgow AC	U-13	Gillian Black	8
		Emma Ferrie	14
		Kirsty Viera	22
VP-Glasgow AC Total			44
Inverclyde AC	U-13	Emma Mitchell	6
		Chloe Simpson	24
		Evie Semple	36
Inverclyde AC Total			66
Kilmarnock H&AC	U-13	Harris Ritchie	19
		Amy Hanvey	23
		Emma McGarrity	26
Kilmarnock H&AC Total			68
Garscube Harriers	U-13	Catriona Graves	3
		Catriona Booth	20
		Iona Robertson	46
Garscube Harriers Total			69
Shettleston Harriers	U-13	Myrtle Breckenridge	9
		Jill Cherry	25
		Claudia Eusebi	37
Shettleston Harriers Total			71
Ron Hill Cambuslang Harriers	U-13	Eve MacKinnon	13
		Sophie Hayes	27
		Rachel Black	33
Ron Hill Cambuslang Harriers Total			73
Ayr Seaforth AAC	U-13	Kirstin Oakley	2
		Lisa Rennie	35
		Laura Meader	38
Ayr Seaforth AAC Total			75

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Clydesdale Harriers	U-13	Rosin McShea	12
		Rachel Busby	31
		Kirsty Alexander	56
Clydesdale Harriers Total			99
Greenock Glenpark Harriers	U-13	Louisa Davis	60
		Rebecca McDiarmid	61
Greenock Glenpark Harriers Total			121
East Kilbride A.C.	U-13	Megan Stewart	21
		Catherine Lambie	47
		Mhairi Boyle	58
East Kilbride A.C. Total			126
Glasgow School of Sport	U-13	Amy Coyle	16
		Jaye McRoberts	52
		Morgan McKinnon	65
Glasgow School of Sport Total			133
Law & District AAC	U-13	Pamela McNicol	17
		Kristen Cowe	63
		Margaret Newell	66
Law & District AAC Total			146
Grand Total			1370

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Pos	No	Name	Cat	Club	Time	Time
1	503	Hollie Young	U-17	VP-Glasgow AC	1746	17:46
2	499	Joanna Muir	U-17	Stewartry AC	1759	17:59
3	490	Alexandra Lamond	U-17	Kirkintilloch Olympians	1826	18:26
4	504	Deborah Hannah	U-17	VP-Glasgow AC	1843	18:43
5	368	Danielle Beattie	U-15	Nithsdale AC	1848	18:48
6	473	Madeleine Murray	U-17	Giffnock North AAC	1855	18:55
7	353	Kate Gillies	U-15	Kilbarchan AAC	1858	18:58
8	352	Jennifer Eadie	U-15	Kilbarchan AAC	1906	19:06
9	495	Mairi Brown	U-17	Ron Hill Cambuslang Harriers	1914	19:14
10	351	Kirsty Harper	U-15	Kilbarchan AAC	1919	19:19
11	466	Louise Hill-Stirling	U-17	Ayr Seaforth AAC	1920	19:20
12	359	Brogan Wallace	U-15	Kilmarnock H&AC	1923	19:23
13	370	Maili Mackenzie	U-15	Nithsdale AC	1926	19:26
14	501	Sarah Potter	U-17	VP-Glasgow AC	1933	19:33
15	331	Linzi Cowan	U-15	Giffnock North AAC	1940	19:40
16	485	Nynke Mulholland	U-17	Inverclyde AC	1945	19:45
17	479	Emily Pollock	U-17	Greenock Glenpark Harriers	1949	19:49
18	324	Sophie Smith	U-15	East Kilbride A.C.	1951	19:51
19	333	Selena Jackson	U-15	Giffnock North AAC	1956	19:56
20	486	Elaine Eadie	U-17	Kilbarchan AAC	1957	19:57
21	378	Jemma McQuillan	U-15	Shettleston Harriers	1958	19:58
22	381	Danielle McConway	U-15	Shettleston Harriers	1959	19:59
23	377	Amanda Monaghan	U-15	Shettleston Harriers	2000	20:00
24	476	Rebecca Patrick	U-17	Giffnock North AAC	2009	20:09
25	505	Amy MacLellan	U-17	VP-Glasgow AC	2010	20:10
26	363	Bronagh Wishart	U-15	Kilmarnock H&AC	2011	20:11
27	474	Olivia Keenan	U-17	Giffnock North AAC	2014	20:14
28	500	Katy Brown	U-17	Stewartry AC	2016	20:16
29	390	Maria Milliken	U-15	VP-Glasgow AC	2019	20:19
30	348	Rebecca Munn	U-15	Inverclyde AC	2021	20:21
31	365	Sherelle Graham	U-15	Law & District AAC	2023	20:23
32	498	Rebecca Nicholson	U-17	Shettleston Harriers	2026	20:26
33	318	Sarah Cassells	U15	Ayr Seaforth AAC	2028	20:28
34	374	Rebecca Bonomi	U-15	Ron Hill Cambuslang Harriers	2034	20:34
35	344	Shannon Kangley	U-15	Greenock Glenpark Harriers	2040	20:40
36	502	Michaela Stephen	U-17	VP-Glasgow AC	2047	20:47
37	372	Sarah Miller	U-15	Ron Hill Cambuslang Harriers	2051	20:51
38	366	Samantha Stevenson	U-15	Law & District AAC	2052	20:52
39	334	Holly Miller	U-15	Giffnock North AAC	2056	20:56
40	335	Frances Lowrie	U-15	Giffnock North AAC	2058	20:58
41	345	Madeline Robinson	U-15	Helensburgh AAC	2101	21:01
42	494	Stephanie Lawrie	U-17	Nithsdale AC	2102	21:02
43	364	Alice McGrath	U-15	Law & District AAC	2109	21:09
44	496	Helen Pawelczyk	U-17	Shettleston Harriers	2114	21:14
45	361	Stacie Taylor	U-15	Kilmarnock H&AC	2121	21:21
46	389	Rachel Dick	U-15	VP-Glasgow AC	2125	21:25
47	341	Amy McCafferty	U-15	Glasgow School of Sport	2136	21:36
48	332	Aliyah Zuberi	U-15	Giffnock North AAC	2139	21:39
49	379	Kerri Haran	U-15	Shettleston Harriers	2140	21:40
50	475	April Miller	U-17	Giffnock North AAC	2146	21:46
51	357	Fern Wales	U-15	Kilmarnock H&AC	2148	21:48
52	322	Lois Shankland	U-17	Kilmarnock H&AC	2204	22:04
53	488	Claire Reid	U-15	Clydesdale Harriers	2204	22:04
54	383	Victoria McGloin	U-15	Shettleston Harriers	2215	22:15

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55	327	Rachel Fairlie	U-15	East Kilbride A.C.	2219	22:19
56	465	Katie Sprang	U-17	Ayr Seaforth AAC	2223	22:23
57	369	Melissa McCrindle	U-15	Nithsdale AC	2231	22:31
58	480	Carly Dagleish	U-17	Greenock Glenpark Harriers	2237	22:37
59	358	Kate Mackie	U-15	Kilmarnock H&AC	2347	23:47
60	385	Lauren Craig	U-15	Stewartry AC	2353	23:53
61	487	Gabrielle Fisher	U-15	Greenock Glenpark Harriers	2448	24:48
62	326	Emma Haddock	U-17	Kilbarchan AAC	2449	24:49
63	343	Emma Fairlie	U-15	East Kilbride A.C.	2514	25:14
64	323	Diane Nicholson	U-15	Clydesdale Harriers	2613	26:13
65	468	Kirstie Kelly	U-17	Clydesdale Harriers	2706	27:06
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Sum of Pos			
Club	Cat	Name	Total
Kilbarchan AAC	U-15	Kate Gillies	7
		Jennifer Eadie	8
		Kirsty Harper	10
Kilbarchan AAC Total			25
Shettleston Harriers	U-15	Jemma McQuillan	21
		Danielle McConway	22
		Amanda Monaghan	23
Shettleston Harriers Total			66
Giffnock North AAC	U-15	Linzi Cowan	15
		Selena Jackson	19
		Holly Miller	39
Giffnock North AAC Total			73
Nithsdale AC	U-15	Danielle Beattie	5
		Maili Mackenzie	13
		Melissa McCrindle	57
Nithsdale AC Total			75
Kilmarnock H&AC	U-15	Brogan Wallace	12
		Bronagh Wishart	26
		Stacie Taylor	45
Kilmarnock H&AC Total			83
Law & District AAC	U-15	Sherelle Graham	31
		Samantha Stevenson	38
		Alice McGrath	43
Law & District AAC Total			112
East Kilbride A.C.	U-15	Sophie Smith	18
		Rachel Fairlie	55
		Emma Fairlie	63
East Kilbride A.C. Total			136

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Sum of Pos			
Club	Cat	Name	Total
VP-Glasgow AC	U-17	Hollie Young	1
		Deborah Hannah	4
		Sarah Potter	14
VP-Glasgow AC Total			19
Giffnock North AAC	U-17	Madeleine Murray	6
		Rebecca Patrick	24
		Olivia Keenan	27
Giffnock North AAC Total			57

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Pos	No	Name	Cat	Club	Time
1	926	Danielle Brown	U20	Springburn Harriers	24:22
2	935	Nicola Hood	Senior	VP-Glasgow AC	24:23
3	929	Fiona Gentles	Senior	Springburn Harriers	24:48
4	810	Toni McIntosh	Senior	Ayr Seaforth AAC	24:52
5	936	Rebecca Finch	U20	VP-Glasgow AC	25:07
6	832	Beth Duff	U20	East Kilbride A.C.	25:09
7	893	Kerry Lang	Senior	Kilbarchan AAC	25:38
8	894	Cara Sloss	Senior	Kilbarchan AAC	25:50
9	918	Chichi Guly	Senior	Shettleston Harriers	25:58
10	884	Emma Rice	U20	Inverclyde AC	26:00
11	858	Ruth Joss	Senior	Giffnock North AAC	26:11
12	890	Christina Rankin	U20	Kilbarchan AAC	26:15
13	927	Clare Gemmell	Vet	Springburn Harriers	26:21
14	881	Rhona Bushfield	Vet	Inverclyde AC	26:29
15	834	Alison Winship	Vet	Garscube Harriers	26:43
16	867	Julia Henderson	Vet	Helensburgh AAC	26:48
17	868	Claire Heasman	Vet	Helensburgh AAC	26:52
18	922	Lindsay MacNeill	Senior	Shettleston Harriers	27:05
19	842	Charlotte Wilson	Senior	Garscube Harriers	27:15
20	835	Carole Gilmour/Setchel	Senior	Garscube Harriers	27:34
21	823	Emma Birnie	Vet	Bellahouston Road Runners	24:35
22	920	Avril Mason	Vet	Shettleston Harriers	27:36
23	941	Rhian Dawes	U20	VP-Glasgow AC	27:37
24	937	Susan Finch	Vet	VP-Glasgow AC	27:40
25	851	Mary McCutcheon	Vet	Giffnock North AAC	27:42
26	870	Michelle Hetherington	Vet	Helensburgh AAC	27:49
27	859	Claire McAuley	U20	Giffnock North AAC	27:54
28	871	Jennifer Fitzgerald	Senior	Helensburgh AAC	27:56
29	897	Karen Glendinning	Vet	Kilbarchan AAC	28:17
30	812	Erica Christie	Vet	Bellahouston Harriers	28:32
31	904	Hannah Terrance	U20	Kirkintilloch Olympians	28:34
32	828	Marina McCallum	Vet	Clydesdale Harriers	28:47
33	919	Amleset Tewelde	Senior	Shettleston Harriers	28:53
34	942	Ellen Homewood	Senior	Westerlands XC Club	28:54
35	856	Maureen McVey	Vet	Giffnock North AAC	28:56
36	855	Anne Lee	Vet	Giffnock North AAC	29:02
37	850	Yvonne Hamilton	Senior	Giffnock North AAC	29:04
38	824	Claire Wharton	Vet	Bellahouston Road Runners	29:16
39	901	Paula Wilson	Vet	Kilmarnock H&AC	29:18
40	829	Kathryn Scott	Vet	Clydesdale Harriers	29:20
41	836	Marion Kelly	Senior	Garscube Harriers	29:23
42	831	Kelly Baillie	Senior	East Kilbride A.C.	29:31
43	827	Frances Maxwell	Vet	Calderglen Harriers	29:44
44	913	Phyllis Hands	Vet	Motherwell AC	29:45
45	915	Clare Barr	Vet	Motherwell AC	29:47
46	938	Christine Catterson	Vet	VP-Glasgow AC	29:50
47	885	Helen Morton	Vet	Irvine AC	29:55
48	895	Michelle Bell	U20	Kilbarchan AAC	30:02
49	840	Heather McIntosh	Vet	Garscube Harriers	30:06
50	928	Kirsten Ferguson	Senior	Springburn Harriers	30:33
51	814	Bernadette O'Neil	Vet	Bellahouston Harriers	30:45
52	821	Jane Wild	Vet	Bellahouston Road Runners	30:51
53	874	Janet Fellowes	Vet	Helensburgh AAC	30:53
54	933	Natalie Fleming	Senior	Troon Tortoises AC	31:03
55	908	Ros OSullivan	Vet	Kirkintilloch Olympians	31:04

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56	924	Caroline Brownlie	Vet	Springburn Harriers	31:08
57	900	Elizabeth McDerment	Vet	Kilmarnock H&AC	31:10
58	853	Sheila Lewis	Vet	Giffnock North AAC	31:13
59	877	Tina Munro	Vet	Helensburgh AAC	31:19
60	869	Mary Louise MacQuarrie	Vet	Helensburgh AAC	31:31
61	813	Yvonne Winchester	Vet	Bellahouston Harriers	31:32
62	931	Anne Noble	Vet	Troon Tortoises AC	31:33
63	822	Jacqueline McGuire	Vet	Bellahouston Road Runners	31:43
64	946	Pauline McAdam	Vet	Westerlands XC Club	31:44
65	838	Diane Clark	Senior	Garscube Harriers	31:45
66	945	Helen Macpherson	Vet	Westerlands XC Club	31:52
67	907	Mary Hendry	Vet	Kirkintilloch Olympians	32:12
68	839	Anna MacGregor	Senior	Garscube Harriers	32:13
69	886	Mary Miller	Vet	Irvine AC	32:25
70	865	Maria Reay	Vet	Greenock Glenpark Harriers	32:27
71	841	Maureen O'Hara	Vet	Garscube Harriers	32:29
72	873	Sarah Walker	Senior	Helensburgh AAC	32:37
73	923	Susan Breckenridge	Vet	Shettleston Harriers	32:39
74	826	Julie Fitzpatrick	Vet	Bellahouston Road Runners	32:40
75	883	Deborah Moore	U20	Inverclyde AC	32:49
76	902	Vivien Fraser	Vet	Kirkintilloch Olympians	33:14
77	857	Sue Anderson	Vet	Giffnock North AAC	33:35
78	930	Moirra Connell	Vet	Troon Tortoises AC	33:45
79	932	Karen Robertson	Vet	Troon Tortoises AC	33:48
80	909	Pamela Parker	Vet	Kirkintilloch Olympians	34:05
81	811	Gillian Geates	Vet	Ayr Seaforth AAC	34:30
82	943	Elsie Riley	Senior	Westerlands XC Club	34:33
83	875	Mary Connolly	Vet	Helensburgh AAC	34:38
84	872	Ann McLachlan	Vet	Helensburgh AAC	34:51
85	876	Anna Wylie	Vet	Helensburgh AAC	34:51
86	911	Shirley MacNab	Vet	Kirkintilloch Olympians	35:04
87	912	Alison Cameron	U20	Law & District AAC	36:00
88	947	Patricia McLaughlin	Vet	Westerlands XC Club	36:30
89	878	Liz McHard	Vet	Helensburgh AAC	37:02
90	866	Nicholas Collins	Senior	Greenock Glenpark Harriers	37:40
91	845	Karen-Anne McLennan	Vet	Garscube Harriers	39:36
92	818	Emily Gilleece	Senior	Bellahouston Harriers	41:06

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Sum of Pos		
Club	Name	Total
VP-Glasgow AC	Nicola Hood	2
	Rebecca Finch	5
	Rhian Dawes	23
	Susan Finch	24
VP-Glasgow AC Total		54
Kilbarchan AAC	Kerry Lang	7
	Cara Sloss	8
	Christina Rankin	12
	Karen Glendinning	29
Kilbarchan AAC Total		56
Springburn Harriers	Danielle Brown	1
	Fiona Gentles	3
	Clare Gemmell	13
	Kirsten Ferguson	50
Springburn Harriers Total		67
Shettleston Harriers	Chichi Guly	9
	Lindsay MacNeill	18
	Avril Mason	22
	Amleset Tewelde	33
Shettleston Harriers Total		82
Helensburgh AAC	Julia Henderson	16
	Claire Heasman	17
	Michelle Hetherington	26
	Jennifer Fitzgerald	28
Helensburgh AAC Total		87
Garscube Harriers	Alison Winship	15
	Charlotte Wilson	19
	Carole Gilmour/Setchel	20
	Marion Kelly	41
Garscube Harriers Total		95
Giffnock North AAC	Ruth Joss	11
	Mary McCutcheon	25
	Claire McAuley	27
	Maureen McVey	35
Giffnock North AAC Total		98
Bellahouston Road Runners	Emma Birnie	21
	Claire Wharton	38

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Bellahouston Road Runners	Jane Wild	52
	Jacqueline McGuire	63
Bellahouston Road Runners Total		174
Kirkintilloch Olympians	Hannah Terrance	31
	Ros OSullivan	55
	Mary Hendry	67
	Vivien Fraser	76
Kirkintilloch Olympians Total		229
Bellahouston Harriers	Erica Christie	30
	Bernadette O'Neil	51
	Yvonne Winchester	61
	Emily Gilleece	92
Bellahouston Harriers Total		234
Westerlands XC Club	Ellen Homewood	34
	Pauline McAdam	64
	Helen Macpherson	66
	Elsie Riley	82
Westerlands XC Club Total		246
Troon Tortoises AC	Natalie Fleming	54
	Anne Noble	62
	Moir Connell	78
	Karen Robertson	79
Troon Tortoises AC Total		273

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Pos	No	Name	Cat	Club	Time
1	62	Euan Gillham	U-13	Kilbarchan AAC	11:43
2	63	Gavin McArdle	U-13	Kilbarchan AAC	11:47
3	108	Liam Turner	U-13	VP-Glasgow AC	11:55
4	56	Jonathan Glen	U-13	Inverclyde AC	11:58
5	39	Max Lancaster	U-13	Giffnock North AAC	12:13
6	60	Scott McLardie	U-13	Kilbarchan AAC	12:14
7	57	Ross Gray	U-13	Inverclyde AC	12:15
8	37	John McLaughlin	U-13	Giffnock North AAC	12:17
9	89	Jack MacGregor	U-13	Ron Hill Cambuslang Harriers	12:23
10	3	Andrew Black	U-13	Ayr Seaforth AAC	12:26
11	12	Craig Ferguson	U-13	Calderglen Harriers	12:31
12	1	Kieran Saunders	U-13	Annan & District AC	12:33
13	100	Ryan Flanagan	U-13	Shettleston Harriers	12:35
14	86	Fraser White	U-13	Nithsdale AC	12:39
15	99	Murray McGiven	U-13	Shettleston Harriers	12:40
16	59	Andrew Kelham	U-13	Inverclyde AC	12:43
17	87	Keith McIntyre	U-13	Ron Hill Cambuslang Harriers	12:43
18	74	Christopher MacDonald	U-13	Kirkintilloch Olympians	12:47
19	34	Jamie Cook	U-13	Giffnock North AAC	12:50
20	91	Joe Brown	U-13	Ron Hill Cambuslang Harriers	12:59
21	109	Jamie Middleton	U-13	VP-Glasgow AC	13:00
22	45	Walker Graham	U-13	Giffnock North AAC	13:02
23	36	Rob Gourley	U-13	Giffnock North AAC	13:05
24	85	Angus Johnstone	U-13	Nithsdale AC	13:07
25	93	Brendan Carey	U-13	Ron Hill Cambuslang Harriers	13:12
26	70	Angus Kerr	U-13	Kilmarnock H&AC	13:15
27	46	Robbie Barr	U-13	Giffnock North AAC	13:16
28	54	Fin Richie	U-13	Helensburgh AAC	13:17
29	58	Joshua Houston	U-13	Inverclyde AC	13:19
30	107	Alexander Craig	U-13	Stewartry AC	13:21
31	47	Scott Young	U-13	Giffnock North AAC	13:23
32	6	James Pettigrew	U-13	Ayr Seaforth AAC	13:28
33	66	Alan Sharp	U-13	Kilbarchan AAC	13:29
34	65	Charlie Wighton	U-13	Kilbarchan AAC	13:30
35	27	Luke Kirwan	U-13	East Kilbride A.C.	13:31
36	92	Sean Paul Brannan	U-13	Ron Hill Cambuslang Harriers	13:31
37	113	Alasdair Stewart	U-13	Whitemoss AC	13:33
38	53	Ross Forbes	U-13	Greenock Glenpark Harriers	13:40
39	114	Calum Walker	U-13	Whitemoss AC	13:42
40	38	Euan Brodie	U-13	Giffnock North AAC	13:46
41	29	Adam Duff	U-13	Garscube Harriers	13:46
42	50	Kieran Kelly	U-13	Glasgow School of Sport	13:48
43	94	Euan Davidson	U-13	Ron Hill Cambuslang Harriers	13:48
44	110	Damon Rafferty	U-13	VP-Glasgow AC	13:59
45	2	Lewis Holiday	U-13	Annan & District AC	14:32
46	7	Jamie Colquhoun	U-13	Ayr Seaforth AAC	14:36
47	24	David Campbell	U-13	Clydesdale Harriers	14:47
48	69	Rory Morris	U-13	Kilmarnock H&AC	14:52
49	82	Stephen Murphy	U-13	Law & District AAC	14:54
50	76	Fraser Connal	U-13	Kirkintilloch Olympians	14:54
51	90	Fraser Ebbitt	U-13	Ron Hill Cambuslang Harriers	14:57
52	16	Andrew McGurk	U-13	Calderglen Harriers	14:57
53	77	Callum Dewar	U-13	Kirkintilloch Olympians	15:10
54	83	Lewis Donnelly	U-13	Law & District AAC	15:14
55	71	terry mulholland	U-13	Kilmarnock H&AC	15:16

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56	32	Darren McGowan	U-13	Garscube Harriers	15:21
57	98	Joseph Pryce	U-13	Ron Hill Cambuslang Harriers	15:23
58	106	Sam Ainslie	U-13	Stewartry AC	15:23
59	13	Jai Lawson	U-13	Calderglen Harriers	15:39
60	103	Darren Mckay	U-13	Shettleston Harriers	15:40
61	72	Alasdair Hewitson	U-13	Kilmarnock H&AC	16:29
62	104	Douglas Mason	U-13	Shettleston Harriers	16:54
63	105	Ryan Finnieston	U-13	Shettleston Harriers	17:03
64	18	Paul McMonagle	U-13	Calderglen Harriers	00:00

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Race 2 Under 13 Boys

Sum of Pos			
Club	Cat	Name	Total
Kilbarchan AAC	U-13	Euan Gillham	1
		Gavin McArdle	2
		Scott McLardie	6
Kilbarchan AAC Total			9
Inverclyde AC	U-13	Jonathan Glen	4
		Ross Gray	7
		Andrew Kelham	16
Inverclyde AC Total			27
Giffnock North AAC	U-13	Max Lancaster	5
		John McLaughlin	8
		Jamie Cook	19
Giffnock North AAC Total			32
Ron Hill Cambuslang Harrier	U-13	Jack MacGregor	9
		Keith McIntyre	17
		Joe Brown	20
Ron Hill Cambuslang Harriers Total			46
VP-Glasgow AC	U-13	Liam Turner	3
		Jamie Middleton	21
		Damon Rafferty	44
VP-Glasgow AC Total			68
Shettleston Harriers	U-13	Ryan Flanagan	13
		Murray McGiven	15
		Darren Mckay	60
Shettleston Harriers Total			88
Ayr Seaforth AAC	U-13	Andrew Black	10
		James Pettigrew	32
		Jamie Colquhoun	46
Ayr Seaforth AAC Total			88
Kirkintilloch Olympians	U-13	Christopher MacDonald	18
		Fraser Connal	50
		Callum Dewar	53
Kirkintilloch Olympians Total			121
Calderglen Harriers	U-13	Craig Ferguson	11
		Andrew McGurk	52
		Jai Lawson	59
Calderglen Harriers Total			122

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Kilmarnock H&AC	U-13	Angus Kerr	26
		Rory Morris	48
		terry mulholland	55
Kilmarnock H&AC Total			129

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Pos	No	Name	Cat	Club	Time
1	227	Finlay Rae	U-15	Ayr Seaforth AAC	16:04
2	306	Max Aitchison	U-15	VP-Glasgow AC	16:10
3	249	Alastair Stanley	U-15	Garscube Harriers	16:21
4	307	Lewis Boyle	U-15	VP-Glasgow AC	16:23
5	252	Neil Gourley	U-15	Giffnock North AAC	16:32
6	268	Greg Williams	U-15	Inverclyde AC	16:34
7	273	Russell Mountford	U-15	Kilbarchan AAC	16:38
8	271	Callum Matthews	U-15	Kilbarchan AAC	16:41
9	294	Ryan Thomson	U-15	Ron Hill Cambuslang Harriers	16:45
10	291	Matthew McKenna	U-15	Ron Hill Cambuslang Harriers	16:51
11	283	Gavin Alexander	U-15	Kirkintilloch Olympians	16:53
12	298	Callum Drummond	U-15	Shettleston Harriers	16:58
13	287	Chris Ponton	U-15	Nithsdale AC	17:11
14	257	Andrew Clark	U-15	Giffnock North AAC	17:18
15	250	Douglas Britton	U-15	Giffnock North AAC	17:25
16	264	Michael Houston	U-15	Inverclyde AC	17:28
17	248	Vincent Hastings	U-15	East Kilbride A.C.	17:30
18	285	Ross Hill	U-15	Law & District AAC	17:38
19	244	Scott Hernon	U-15	East Kilbride A.C.	17:45
20	282	Callum Heirs	U-15	Kirkintilloch Olympians	17:47
21	295	Ross Stephen	U-15	Ron Hill Cambuslang Harriers	17:51
22	266	Jack Rice	U-15	Inverclyde AC	17:53
23	256	Scott Young	U-15	Giffnock North AAC	17:57
24	289	Ryan Holmes	U-15	Nithsdale AC	17:59
25	254	Scott Smith	U-15	Giffnock North AAC	18:08
26	299	Marcus Gault	U-15	Shettleston Harriers	18:15
27	281	Andrew McCormack	U-15	Kirkintilloch Olympians	18:20
28	300	Calum Divers	U-15	Shettleston Harriers	18:22
29	279	Roy Shankland	U-15	Kilmarnock H&AC	18:25
30	310	Kieron Rafferty	U-15	VP-Glasgow AC	18:27
31	263	Dylan Moore	U-15	Greenock Glenpark Harriers	18:35
32	286	Calum Lindsay	U-15	Law & District AAC	18:44
33	230	Kelvin Walker	U-15	Ayr Seaforth AAC	18:46
34	311	Murray Sim	U-15	VP-Glasgow AC	18:48
35	251	Anthony Deveney	U-15	Giffnock North AAC	18:49
36	234	Andrew Carter	U-15	Ayr Seaforth AAC	19:08
37	313	Jack Moreland	U-15	VP-Glasgow AC	19:11
38	267	Robert Todd	U-15	Inverclyde AC	19:21
39	305	Ben Sinden	U-15	Stewartry AC	19:29
40	280	Luke McGill	U-15	Kilmarnock H&AC	19:32
41	241	Tony Dolan	U-15	Clydesdale Harriers	19:36
42	288	Glen Watson	U-15	Nithsdale AC	19:37
43	231	Ben Steven	U-15	Ayr Seaforth AAC	19:44
44	293	Stuart Roe	U-15	Ron Hill Cambuslang Harriers	19:45
45	315	Craig Whiteside	U-15	Whitemoss AC	19:49
46	303	Euan Birch	U-15	Shettleston Harriers	19:59
47	290	Christopher Jenks	U-15	North Ayrshire AC	20:10
48	232	Shaun Rennie	U-15	Ayr Seaforth AAC	20:12
49	262	Mark Magee	U-15	Greenock Glenpark Harriers	20:20
50	245	Jack Kirwan	U-15	East Kilbride A.C.	20:24
51	284	Kieran Pugh	U-15	Kirkintilloch Olympians	20:49
52	242	David Newton	U-15	Clydesdale Harriers	21:08
53	301	Garry Mason	U-15	Shettleston Harriers	21:16
54	302	Kieran Brawley	U-15	Shettleston Harriers	24:43

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Sum of Pos			
Club	Cat	Name	Total
Giffnock North AAC	U-15	Neil Gourley	5
		Andrew Clark	14
		Douglas Britton	15
Giffnock North AAC Total			34
VP-Glasgow AC	U-15	Max Aitchison	2
		Lewis Boyle	4
		Kieron Rafferty	30
VP-Glasgow AC Total			36
Ron Hill Cambuslang Harrier	U-15	Ryan Thomson	9
		Matthew McKenna	10
		Ross Stephen	21
Ron Hill Cambuslang Harriers Total			40
Inverclyde AC	U-15	Greg Williams	6
		Michael Houston	16
		Jack Rice	22
Inverclyde AC Total			44
Kirkintilloch Olympians	U-15	Gavin Alexander	11
		Callum Heirs	20
		Andrew McCormack	27
Kirkintilloch Olympians Total			58
Shettleston Harriers	U-15	Callum Drummond	12
		Marcus Gault	26
		Calum Divers	28
Shettleston Harriers Total			66
Ayr Seaforth AAC	U-15	Finlay Rae	1
		Kelvin Walker	33
		Andrew Carter	36
Ayr Seaforth AAC Total			70
Nithsdale AC	U-15	Chris Ponton	13
		Ryan Holmes	24
		Glen Watson	42
Nithsdale AC Total			79
East Kilbride A.C.	U-15	Vincent Hastings	17
		Scott Hernon	19
		Jack Kirwan	50
East Kilbride A.C. Total			86

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Pos	No	Name	Cat	Club	Time
1	440	Craig Wellcoat	U-17	Law & District AAC	21:46
2	447	Jack Hamilton	U-17	Ron Hill Cambuslang Harriers	21:57
3	412	Grant Muir	U-17	Giffnock North AAC	22:18
4	414	Luke Traynor	U-17	Giffnock North AAC	22:26
5	452	Andrew Dearie	U-17	Shettleston Harriers	22:29
6	416	Jack Walker	U-17	Giffnock North AAC	22:35
7	409	Martin Fishwick	U-17	Giffnock North AAC	22:50
8	410	Max Lott	U-17	Giffnock North AAC	23:04
9	454	Lee Wilson	U-17	Shettleston Harriers	23:17
10	401	Peter Bowman	U-17	Clydesdale Harriers	23:23
11	413	Ewan Murray	U-17	Giffnock North AAC	23:25
12	457	Marc Austin	U-17	VP-Glasgow AC	23:26
13	431	Graham Evans	U-17	Kilbarchan AAC	23:28
14	402	Adam Gatens	U-17	East Kilbride A.C.	23:33
15	432	Thomas McDonald	U-17	Kilbarchan AAC	23:46
16	411	Alistair McCallum	U-17	Giffnock North AAC	23:54
17	459	Ethan Sloan-Dennison	U-17	VP-Glasgow AC	24:04
18	395	Cameron Paul	U-17	Arran Runners	24:21
19	445	Cameron McCann	U-17	Law & District AAC	24:27
20	453	Adam Drummond	U-17	Shettleston Harriers	24:30
21	438	Scott Lawrie	U-17	Kirkintilloch Olympians	24:33
22	444	Christopher Watson	U-17	Law & District AAC	24:47
23	396	Andrew Rae	U-17	Ayr Seaforth AAC	25:10
24	443	Jonathan Velu	U-17	Law & District AAC	25:13
25	441	Daniel Grieve	U-17	Law & District AAC	25:17
26	429	Calum MacLeod	U-17	Kilbarchan AAC	25:33
27	442	Daniel Stuart Graham	U-17	Law & District AAC	25:56
28	397	David Carter	U-17	Ayr Seaforth AAC	26:05
29	406	Ben Stafford	U-17	East Kilbride A.C.	26:12
30	433	Cameron Mackie	U-17	Kilmarnock H&AC	26:24
31	430	Gary Rankin	U-17	Kilbarchan AAC	26:33
32	456	Hugh Mackenzie	U-17	VP-Glasgow AC	26:49
33	428	Craig Haxton	U-17	Kilbarchan AAC	26:58
34	435	Grant Beattie	U-17	Kilmarnock H&AC	27:09
35	460	Paul MacFarlane	U-17	VP-Glasgow AC	27:29
36	437	Joseph Kimmett	U-17	Kilmarnock H&AC	27:32
37	420	Andrew Fisher	U-17	Greenock Glenpark Harriers	27:53
38	394	Michael Jenks	U-17	Arran Runners	28:12
39	434	Murray McDonald	U-17	Kilmarnock H&AC	30:04

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U17 Men

Sum of Pos			
Club	Cat	Name	Total
Giffnock North AAC	U-17	Grant Muir	3
		Luke Traynor	4
		Jack Walker	6
Giffnock North AAC Total			13
Shettleston Harriers	U-17	Andrew Dearie	5
		Lee Wilson	9
		Adam Drummond	20
Shettleston Harriers Total			34
Law & District AAC	U-17	Craig Wellcoat	1
		Cameron McCann	19
		Christopher Watson	22
Law & District AAC Total			42
Kilbarchan AAC	U-17	Graham Evans	13
		Thomas McDonald	15
		Calum MacLeod	26
Kilbarchan AAC Total			54
VP-Glasgow AC	U-17	Marc Austin	12
		Ethan Sloan-Dennison	17
		Hugh Mackenzie	32
VP-Glasgow AC Total			61
Kilmarnock H&AC	U-17	Cameron Mackie	30
		Grant Beattie	34
		Joseph Kimmett	36
Kilmarnock H&AC Total			100

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Pos	No	Name	Cat	Club	Time
1	748	Tsegai Tewelde	U20	Shettleston Harriers	3024
2	744	Tewoldeberhan Mengiste	Senior	Shettleston Harriers	3024
3	673	Derek Hawkins	Senior	Kilbarchan AAC	3052
4	642	Daniel Mulhare	Senior	Inverclyde AC	3059
5	750	Tsegezab Woldemichael	Senior	Shettleston Harriers	3110
6	632	Christopher MacKay	Senior	Inverclyde AC	3111
7	627	Craig Ruddy	Senior	Inverclyde AC	3154
8	625	Mark Pollard	Senior	Inverclyde AC	3207
9	759	Lachlan Oates	U20	Shettleston Harriers	3209
10	680	Robert Quinn	Vet	Kilbarchan AAC	3228
11	726	Robert Gilroy	Senior	Ron Hill Cambuslang Harriers	3231
12	666	David Millar	Vet	Irvine AC	3240
13	754	Thomas Fay	Senior	Shettleston Harriers	3243
14	757	Michael Deason	Senior	Shettleston Harriers	3303
15	728	John MacNamara	Senior	Ron Hill Cambuslang Harriers	3313
16	736	Kerry Liam Wilson	Senior	Ron Hill Cambuslang Harriers	3323
17	535	Kenny Richmond	Vet	Bellahouston Road Runners	3334
18	746	Paul Sorrie	Senior	Shettleston Harriers	3345
19	544	Matthew Williamson	Senior	Bellahouston Road Runners	3346
20	542	Peter Devenport	Senior	Bellahouston Road Runners	3414
21	725	Stuart Gibson	Senior	Ron Hill Cambuslang Harriers	3416
22	742	Kenneth McCoy	Senior	Shettleston Harriers	3431
23	649	Patrick Cullinane	Senior	Irvine AC	3437
24	650	Alex Allardyce	Senior	Irvine AC	3437
25	722	Andrew Coulter	u20	Ron Hill Cambuslang Harriers	3442
26	779	Sean Fontana	U20	VP-Glasgow AC	3448
27	648	Jamie Findlay	Senior	Irvine AC	3455
28	780	Derek Gibb	Senior	VP-Glasgow AC	3458
29	740	Ian Johnston	Vet	Shettleston Harriers	3502
30	743	Matthew Sullivan	Senior	Shettleston Harriers	3508
31	670	Stephen Fleming	U20	Kilbarchan AAC	3512
32	576	Grant Baillie	Senior	East Kilbride A.C.	3521
33	537	Liam Conway	Senior	Bellahouston Road Runners	3523
34	531	Mark Johnston	Senior	Bellahouston Road Runners	3525
35	679	James Snodgrass	Vet	Kilbarchan AAC	3527
36	672	Scott Hawkins	U20	Kilbarchan AAC	3529
37	783	Max Ralston	U20	VP-Glasgow AC	3938
38	756	Casey Morgan	Senior	Shettleston Harriers	3541
39	628	Sean Gaffney	Senior	Inverclyde AC	3542
40	697	Cameron Wilson	u20	Kilmarnock H&AC	3544
41	645	Andrew Campbell	U20	Inverclyde AC	3555
42	651	William Richardson	Senior	Irvine AC	3558
43	708	Adam Peters	U20	Kirkintilloch Olympians	3602
44	752	Adam Lee	Senior	Shettleston Harriers	3602
45	732	Gordon Robertson	Senior	Ron Hill Cambuslang Harriers	3605
46	606	Stephen McLoone	Vet	Greenock Glenpark Harriers	3627
47	693	Scott Martin	Vet	Kilmarnock H&AC	3630
48	623	Paul Thompson	Vet	Helensburgh AAC	3631
49	569	Michael Diver	Vet	Clydesdale Harriers	3634
50	538	Craig Ross	Senior	Bellahouston Road Runners	3638
51	749	Denis Williams	Vet	Shettleston Harriers	3646
52	543	Marcos Sanz Gomez	Senior	Bellahouston Road Runners	3650
53	733	Andrew Steven	Senior	Ron Hill Cambuslang Harriers	3654
54	532	Gerard Scullion	Vet	Bellahouston Road Runners	3655
55	580	Marco Consani	Senior	Garscube Harriers	3656

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56	677	John McMillan	Senior	Kilbarchan AAC	3657
57	652	Colin Miller	Vet	Irvine AC	3658
58	573	John Ferguson	U20	East Kilbride A.C.	3701
59	690	Ross Connelly	U20	Kilmarnock H&AC	3717
60	771	Emilio Cosimo	Senior	Springburn Harriers	3725
61	695	James Wales	U20	Kilmarnock H&AC	3728
62	692	George Irving	Vet	Kilmarnock H&AC	3729
63	793	David Riach	Vet	Westerlands XC Club	3736
64	515	Mayeul Ducrot	Senior	Ayr Seaforth AAC	3741
65	758	John Oates	Vet	Shettleston Harriers	3743
66	684	Donald Petrie	Vet	Kilbarchan AAC	3745
67	764	Ruairidh Munro	U20	Shettleston Harriers	3752
68	724	Colin Feechan	Vet	Ron Hill Cambuslang Harriers	3754
69	541	Andrew Birnie	Vet	Bellahouston Road Runners	3804
70	653	Ian Berryman	Vet	Irvine AC	3806
71	549	Alan Cullie	Vet	Calderglen Harriers	3809
72	705	Graham Molloy	Senior	Kirkintilloch Olympians	3813
73	656	Brian Craig	Vet	Irvine AC	3815
74	566	Paul Carroll	Vet	Clydesdale Harriers	3816
75	582	Euan Geddes	Senior	Garscube Harriers	3827
76	568	Gerard Montgomery	Vet	Clydesdale Harriers	3829
77	660	Alan Auld	Vet	Irvine AC	3836
78	539	Brian O'Donnell	Senior	Bellahouston Road Runners	3841
79	796	Owen O'Neill	Senior	Westerlands XC Club	3852
80	513	Laurence Baker	Vet	Ayr Seaforth AAC	3856
81	561	Kevin Farmer	Senior	Clydesdale Harriers	3857
82	713	Stephen Cowper	Vet	Milburn Harriers	3901
83	581	Euan Mackay	Vet	Garscube Harriers	3904
84	762	John Duffy	Vet	Shettleston Harriers	3911
85	616	Iain Walker	Senior	Helensburgh AAC	3932
86	579	Toby Messenger	Senior	Garscube Harriers	3938
87	689	Leslie McDerment	Senior	Kilmarnock H&AC	3940
88	617	Christopher Moses	Senior	Helensburgh AAC	3942
89	681	Steven Hards	Vet	Kilbarchan AAC	3943
90	594	Derrin Thomson	Senior	Giffnock North AAC	3945
91	560	Gary Dick	Vet	Clydesdale Harriers	4001
92	533	Grant MacDonald	Senior	Bellahouston Road Runners	4008
93	514	Shaun Phillips	Vet	Ayr Seaforth AAC	4010
94	795	Johnston Orr	Senior	Westerlands XC Club	4010
95	572	David J. Condra	Vet	East Kilbride A.C.	4015
96	550	Edward Reid	Vet	Calderglen Harriers	4019
97	583	Athole Smith	Vet	Garscube Harriers	4023
98	715	Daniel Burns	Senior	Milburn Harriers	4035
99	654	Andrew Rennie	Vet	Irvine AC	4036
100	791	David Calder	Vet	Westerlands XC Club	4037
101	718	Benjamin Hands	Vet	Motherwell AC	4044
102	691	Steven Currie	Senior	Kilmarnock H&AC	4045
103	655	Steven Connell	Vet	Irvine AC	4048
104	797	Daniel Reid	Vet	Westerlands XC Club	4050
105	527	Michael Freshour	Vet	Bellahouston Harriers	4051
106	716	Luke McIlvenna	U20	Motherwell AC	4053
107	610	Robert Wilson	Senior	Greenock Glenpark Harriers	4057
108	559	Ryan Savage	Senior	Clydesdale Harriers	4058
109	510	Peter Laing	Vet	Ayr Seaforth AAC	4100
110	658	James Sneddon	Vet	Irvine AC	4102
111	512	Barry Duddy	Senior	Ayr Seaforth AAC	4112

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112	782	Tom Ord	Vet	VP-Glasgow AC	4119
113	618	Stephen Bell	Vet	Helensburgh AAC	4129
114	729	John McPake	Senior	Ron Hill Cambuslang Harriers	4139
115	688	William Duffy	Vet	Kilmarnock H&AC	4142
116	766	Ross McEachern	Vet	Springburn Harriers	4149
117	629	Robert Gray	Senior	Inverclyde AC	4153
118	700	Edward McLoone	Senior	Kirkintilloch Olympians	4156
119	638	Robert Shaw	Vet	Inverclyde AC	4158
120	558	David Brown	U20	Clydesdale Harriers	4203
121	657	James White	Vet	Irvine AC	4210
122	665	john connell	Vet	Irvine AC	4217
123	553	Ian Rae	Vet	Calderglen Harriers	4221
124	787	Duncan Thomson	Senior	VP-Glasgow AC	4230
125	619	Gordon Howat	Senior	Helensburgh AAC	4238
126	687	Alan Brydon	Senior	Kilmarnock H&AC	4246
127	620	Kennt White	Vet	Helensburgh AAC	4247
128	777	Robert Miller	Vet	Troon Tortoises AC	4248
129	798	John Quinn	Vet	Westerlands XC Club	4249
130	723	David Fairweather	Vet	Ron Hill Cambuslang Harriers	4252
131	696	Richard Skillen	Senior	Kilmarnock H&AC	4300
132	518	Jonathan Dunn	U20	Ayr Seaforth AAC	4302
133	511	John Hayes	Senior	Ayr Seaforth AAC	4320
134	678	Donald Kennedy	Senior	Kilbarchan AAC	4324
135	536	Stuart Mathieson	Senior	Bellahouston Road Runners	4327
136	661	John Moore	Vet	Irvine AC	4328
137	659	Alastair MacFarlane	Vet	Irvine AC	4340
138	530	John Hagemeister	Senior	Bellahouston Harriers	4346
139	634	Thomas Jamieson	Senior	Inverclyde AC	4347
140	552	Jim Holmes	Vet	Calderglen Harriers	4352
141	676	Andrew Clugston	Senior	Kilbarchan AAC	4355
142	551	David Herbertson	Senior	Calderglen Harriers	4404
143	776	Ian McNee	Vet	Troon Tortoises AC	4418
144	596	Andrew Mcnaught	Vet	Girvan AAC	4429
145	635	John Smillie	Vet	Inverclyde AC	4436
146	586	Andrew Griffiths	Vet	Garscube Harriers	4437
147	704	James McQuade	Vet	Kirkintilloch Olympians	4456
148	631	Cameron Spence	Vet	Inverclyde AC	4459
149	591	James O'Hagan	Senior	Giffnock North AAC	4520
150	694	David Mitchell	Vet	Kilmarnock H&AC	4537
151	774	George McGregor	Vet	Troon Tortoises AC	4540
152	588	Tony Hall	Vet	Garscube Harriers	4542
153	769	Alan Cairns	Vet	Springburn Harriers	4559
154	524	Iain Burke	Vet	Bellahouston Harriers	4614
155	516	Brian Dunn	Vet	Ayr Seaforth AAC	4633
156	592	Gerard McNamee	Vet	Giffnock North AAC	4644
157	717	William Martin	Vet	Motherwell AC	4651
158	622	Alistair Wylie	Vet	Helensburgh AAC	4707
159	593	David Logan	Vet	Giffnock North AAC	4722
160	540	Norman Boyle	Vet	Bellahouston Road Runners	4740
161	711	Jim Rowley	Vet	Law & District AAC	4745
162	662	Michael Flinn	Vet	Irvine AC	4753
163	775	Alex Drain	Vet	Troon Tortoises AC	4814
164	554	David Wardrope	Senior	Calderglen Harriers	4820
165	589	David Geddes	Vet	Garscube Harriers	4854
166	522	Iain Fraser	Vet	Beith Harriers	4859
167	587	Stephen Cullen	Vet	Garscube Harriers	4932

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168	663	Robert Nicol	Vet	Irvine AC	4935
169	595	Jack Maxwell	Vet	Girvan AAC	4955
170	794	Graeme Orr	Vet	Westerlands XC Club	4958
171	709	Patrick Kelly	Vet	Law & District AAC	4959
172	630	Tom Tracey	Vet	Inverclyde AC	5052
173	564	Peter Rudzinski	Vet	Clydesdale Harriers	5109
174	682	Robert Connell	Vet	Kilbarchan AAC	5125
175	548	Charles Steven	Vet	Calderglen Harriers	5126
176	624	Andrew Stafford	Vet	Helensburgh AAC	5150
177	778	Henry G Dobbie	Vet	Troon Tortoises AC	5229
178	547	Russell Couper	Vet	Calderglen Harriers	5654
179	683	Brian Graham	Vet	Kilbarchan AAC	5746
180	664	Ian McManus	Vet	Irvine AC	5807
181	710	William Drysdale	Vet	Law & District AAC	6705
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West Districts Cross Country Championships Irvine
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Sum of Pos		
Club	Name	Total
Shettleston Harriers	Tsegai Tewelde	1
	Tewoldeberhan Mengisteab	2
	Tsegezab Woldemichael	5
	Lachlan Oates	9
	Thomas Fay	13
	Michael Deason	14
Shettleston Harriers Total		44
Inverclyde AC	Daniel Mulhare	4
	Christopher MacKay	6
	Craig Ruddy	7
	Mark Pollard	8
	Sean Gaffney	39
	Andrew Campbell	41
Inverclyde AC Total		105
Ron Hill Cambuslang Harriers	Robert Gilroy	11
	John MacNamara	15
	Kerry Liam Wilson	16
	Stuart Gibson	21
	Andrew Coulter	25
	Gordon Robertson	45
Ron Hill Cambuslang Harriers Total		133
Kilbarchan AAC	Derek Hawkins	3
	Robert Quinn	10
	Stephen Fleming	31
	James Snodgrass	35
	Scott Hawkins	36
	John McMillan	56
Kilbarchan AAC Total		171
Bellahouston Road Runners	Kenny Richmond	17
	Matthew Williamson	19
	Peter Devenport	20
	Liam Conway	33
	Mark Johnston	34
	Craig Ross	50
Bellahouston Road Runners Total		173
Irvine AC	David Millar	12
	Patrick Cullinane	23
	Alex Allardyce	24

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Irvine AC	Jamie Findlay	27
	William Richardson	42
	Colin Miller	57
Irvine AC Total		185
Kilmarnock H&AC	Cameron Wilson	40
	Scott Martin	47
	Ross Connelly	59
	James Wales	61
	George Irving	62
	Leslie McDerment	87
Kilmarnock H&AC Total		356
Clydesdale Harriers	Michael Diver	49
	Paul Carroll	74
	Gerard Montgomery	76
	Kevin Farmer	81
	Gary Dick	91
	Ryan Savage	108
Clydesdale Harriers Total		479
Garscube Harriers	Marco Consani	55
	Euan Geddes	75
	Euan Mackay	83
	Toby Messenger	86
	Athole Smith	97
	Andrew Griffiths	146
Garscube Harriers Total		542
Westerlands XC Club	David Riach	63
	Owen O'Neill	79
	Johnston Orr	94
	David Calder	100
	Daniel Reid	104
	John Quinn	129
Westerlands XC Club Total		569
Helensburgh AAC	Paul Thompson	48
	Iain Walker	85
	Christopher Moses	88
	Stephen Bell	113
	Gordon Howat	125
	Kennth White	127
Helensburgh AAC Total		586
Ayr Seaforth AAC	Mayeul Ducrot	64
	Laurence Baker	80
	Shaun Phillips	93

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Ayr Seaforth AAC	Peter Laing	109
	Barry Duddy	111
	Jonathan Dunn	132
Ayr Seaforth AAC Total		589
Calderglen Harriers	Alan Cullie	71
	Edward Reid	96
	Ian Rae	123
	Jim Holmes	140
	David Herbertson	142
	David Wardrope	164
Calderglen Harriers Total		736
Grand Total		8762

West Districts Cross Country Championships Irvine
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Sum of Pos			
Club	Cat	Name	Total
Kilbarchan AAC	Vet	Robert Quinn	10
		James Snodgrass	35
		Donald Petrie	66
Kilbarchan AAC Total			111
Irvine AC	Vet	David Millar	12
		Colin Miller	57
		Ian Berryman	70
Irvine AC Total			139
Bellahouston Road Runners	Vet	Kenny Richmond	17
		Gerard Scullion	54
		Andrew Birnie	69
Bellahouston Road Runners Total			140
Shettleston Harriers	Vet	Ian Johnston	29
		Denis Williams	51
		John Oates	65
Shettleston Harriers Total			145
Clydesdale Harriers	Vet	Michael Diver	49
		Paul Carroll	74
		Gerard Montgomery	76
Clydesdale Harriers Total			199
Kilmarnock H&AC	Vet	Scott Martin	47
		George Irving	62
		William Duffy	115
Kilmarnock H&AC Total			224
Westerlands XC Club	Vet	David Riach	63
		David Calder	100
		Daniel Reid	104
Westerlands XC Club Total			267
Ayr Seaforth AAC	Vet	Laurence Baker	80
		Shaun Phillips	93
		Peter Laing	109
Ayr Seaforth AAC Total			282
Helensburgh AAC	Vet	Paul Thompson	48
		Stephen Bell	113
		Kenenth White	127
Helensburgh AAC Total			288
Calderglen Harriers	Vet	Alan Cullie	71

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Calderglen Harriers	Vet	Edward Reid	96
		Ian Rae	123
Calderglen Harriers Total			290
Garscube Harriers	Vet	Euan Mackay	83
		Athole Smith	97
		Andrew Griffiths	146
Garscube Harriers Total			326
Inverclyde AC	Vet	Robert Shaw	119
		John Smillie	145
		Cameron Spence	148
Inverclyde AC Total			412
Troon Tortoises AC	Vet	Robert Miller	128
		Ian McNee	143
		George McGregor	151
Troon Tortoises AC Total			422

West Districts Cross Country Championships Irvine
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Sum of Pos			
Club	Cat	Name	Total
Shettleston Harriers	U20	Tsegai Tewelde	1
		Lachlan Oates	9
		Ruairidh Munro	67
Shettleston Harriers Total			77
Kilmarnock H&AC	U20	Cameron Wilson	40
		Ross Connelly	59
		James Wales	61
Kilmarnock H&AC Total			160
Grand Total			892

SCOTTISH WEST DISTRICT CHAMPIONSHIPS

Irvine

ERITREANS Tsegai Tewelde and Tewoleberhan Mengisteab fought out the men's race with the under-20 Tewelde edging the verdict although the pair returned identical times.

The duo were together throughout the race, completing the early stages in a group of seven before a threesome including Derek Hawkins

broke away. Hawkins was dropped after two of the three laps, eventually finishing 28 seconds behind the main protagonists as Tewelde gained revenge over the defending champion, who had beaten him into third by 53 seconds in 2008. The pair helped Shettleston to retain the team title, while the evergreen Bobby Quinn took the veteran title.

The finish of the women's race was almost as close as 19-year-olds Danielle Brown and Nicola Hood finished a second apart. The leading group splintered at three-quarters distance with third-placed Fiona Gentles the last to drop off the pace and Brown just getting the verdict over steeplechaser Hood to reverse the 2008 placings when Hood won by 15 seconds. Hood also led Victoria Park Glasgow to team gold.

Men (9.6km)

1 T Tewelde (Shett, U20M) 30:24; 2 T Mengisteab (Shett) 30:24; 3 D Hawkins (Kilb) 30:52; 4 D Mulhare (Inver) 30:59; 5 T Woldemichael (Shett) 31:10; 6 C MacKay (Inver) 31:11; 7 C Ruddy (Inver) 31:54; 8 M Pollard (Inver) 32:07; 9 L Oates (Shett, U20M) 32:09; 10 R Quinn (Kilb, M40) 32:28; 11 R Gilroy (Cambus) 32:31; 12 D Millar (Irv, M40) 32:40; 13 T Fay (Shett) 32:43; 14 M Deason (Shett) 33:03; 15 J MacNamara (Cambus) 33:13; 16 K Wilson (Cambus) 33:23; 17 K Richmond (Bella RR, M40) 33:34; 18 P Sorrie (Shett) 33:45; 19 M Williamson (Bella RR) 33:46; 20 P Devenport (Bella RR) 34:14; 21 S Gibson (Cambus) 34:16; 22 K McCoy (Shett) 34:31; 23 P Cullinane (Irv) 34:37; 24 A Allardyce (Irv) 34:37; 25 A Coulter (Cambus, U20M) 34:42; 26 S Fontana (VPCG, U20M) 34:48; 27 J Findlay (Irv) 34:55; 28 D Gibb (VPCG) 34:58; 29 I Johnston (Shett, M40) 35:02; 30 M Sullivan (Shett) 35:08

U20M: 5 S Fleming (Kilb) 35:12; 6 S Hawkins (Kilb) 35:29; 7 M Ralston (VPCG) 39:38

TEAM (6 to score): 1 Shettleston H 44; 2 Inverclyde 105; 3 Ronhill Cambuslang H 133; 4 Kilbarchan 171; 5 Bellahouston RR 173; 6 Irvine 185

VETS TEAM (3 to score): 1 Kilbarchan 111; 2 Irvine 139; 4 Bellahouston RR 140

U20 TEAM: 1 Shettleston H 77; 2

Kilmarnock H 160

U17 (6.4km)

1 C Wellcoat (Law) 21:46; 2 J Hamilton (Cambus) 21:57; 3 G Muir (Giff N) 22:18; 4 L Traynor (Giff N) 22:26; 5 A Dearie (Shett) 22:29; 6 J Walker (Giff N) 22:35; 7 M Fishwick (Giff N) 22:50; 8 M Lott (Giff N) 23:04; 9 L Wilson (Shett) 23:17; 10 P Bowman (C'dale) 23:23

TEAM: 1 Giffnock North 13; 2 Shettleston H 34; 3 Law & District 42

U15 (4.4km)

1 F Rae (Ayr S) 16:04; 2 M Aitchison (VPCG) 16:10; 3 A Stanley (Gars) 16:21; 4 L Boyle (VPCG) 16:23; 5 N Gourley (Giff N) 16:32; 6 G Williams (Inver) 16:34; 7 R Mountford (Kilb) 16:38; 8 C Matthews (Kilb) 16:41; 9 R Thomson (Cambus) 15:45; 10 M McKenna (Cambus) 16:51

TEAM: 1 Giffnock North 34; 2 Victoria Park City of Glasgow 36; 3 Ronhill Cambuslang H 40

U13 (3.2km)

1 E Gillham (Kilb) 11:43; 2 G McArdle (Kilb) 11:47; 3 L Turner (VPCG) 11:55; 4 J Glen (Inver) 11:58; 5 M Lancaster (Giff N) 12:13; 6 S McLardie (Kilb) 12:14; 7 R Gray (Inver) 12:15; 8 J McLaughlin (Giff N) 12:17; 9 J MacGregor (Cambus) 12:23; 10 A Black (Ayr S) 12:26

TEAM: 1 Kilbarchan 9; 2 Inverclyde 27; 3 Giffnock North 32

Women (6.4km)

1 D Brown (Spring, U20W) 24:22; 2 N Hood (VPCG) 24:23; 3 F Gentles (Spring) 24:48; 4 T McIntosh (Ayr S) 24:52; 5 R Finch (VPCG, U20W) 25:07; 6 B Duff (E Kilb, U20W) 25:09; 7 K Lang (Kilb) 25:38; 8 C Sloss (Kilb) 25:50; 9 C Guly (Shett) 25:58; 10 E Rice (Inver, U20W) 26:00; 11 R Joss (Giff N) 26:11; 12 C Rankin (Kilb, U20W) 26:15; 13 C Gemmell (Spring, W35) 26:21; 14 R Bushfield (Inver, W35) 26:29; 15 A Winship (Gars, W35) 26:43; 16 J Henderson (Helen, W35) 26:48; 17 C Heasman (Helen, W35) 26:52; 18 L MacNeill (Shett) 27:05; 19 C Wilson (Gars) 27:15; 20 C Gilmour (Gars) 27:34
U20W: 6 R Sawes (VPCG) 27:37; 7 C McAuley (Giff N) 27:54

TEAM (4 to score): 1 Victoria Park City of Glasgow 54; 2 Kilbarchan 56; 3 Springburn H 67; 4 Shettleston H 82

U17/U15 (4.4km)

1 H Young (VPCG, U17W) 17:46; 2 J Muir (Stew, U17W) 17:59; 3 A Lamond (Kirk O, U17W) 18:26; 4 D Hannah (VPCG, U17W) 18:43; 5 D Beattie (Niths, U15W) 18:48; 6 M Murray (Giff N, U17W) 18:55; 7 K Gillies (Kilb, U15W) 18:58; 8 J Eadie (Kilb, U15W) 19:06; 9 M Brown (Cambus, U17W) 19:14; 10 K Harper (Kilb, U15W) 19:19

U15W: 5 B Wallace (Kil'k) 19:23; 6 M MacKenzie (Niths) 19:26

U17 TEAM: 1 Victoria Park City of Glasgow 19; 2 Giffnock North 57

U15 TEAM: 1 Kilbarchan 25; 2 Shettleston H 66; 3 Giffnock North 73

U13 (3.2km)

1 G Gillham (Kilb) 12:57; 2 K Oakley (Ayr S) 12:57; 3 C Graves (Gars) 13:03; 4 C Cowan (Giff N) 13:22; 5 K Turnbull (Kilb) 13:28; 6 E Mitchell (Inver) 13:29; 7 N Hutcheson (Giff N) 13:32; 8 G Black (VPCG) 13:38; 9 M Breckenridge (Shett) 13:39; 10 E Canning (Kirk O) 13:51

TEAM: 1 Kilbarchan 17; 2 Giffnock North 26; 3 Victoria Park City of Glasgow 44